

CONNECT WITH THE MESSAGE

Tough Question 7 - How can I cope with suffering?

- 1) Is/was your view of mental suffering different from other sufferings? How personally have you been affected by mental suffering?

- 2) Read **Matthew 8 v 23-27** (disciples caught in a violent storm) and **Matthew 15 v 21-28** (the Canaanite woman)
What encouraged your expectation / faith / trust most of all in what was said in Michel's message?
 - a) Can you give personal examples of times when you showed 'little faith' or great faith'?

 - b) Read **Hebrews 11 v 6, 8-11, 17-19**. Where would you place on a scale 1 to 10 (10 being 'great faith') your faith in God and in the power of God?

- 3) a) Have you come across a Christian who believes that God never intervenes in our suffering but let us go right through it?
 - b) What interaction did you have with the Christian holding this view?

- 4) a) Have you ever felt disappointed or guilty because of the lack of God's intervention in your suffering?
 - b) Read **1 Samuel 13/23 to 14/15** (especially **verse 6**) Were the comments on the 'inevitability of the will of God' helpful? How?

 - c) Read **Romans 4 v 16 to 25** (verse 21 in particular). What did you make of the 'necessity of the word of God'?

DIGGING DEEPER

Read **Matthew 26 v 36-56** with **2 Peter 4 v 12-19**.

- a) Write down all the ways these two passages help us to cope with our suffering.
- b) Write down all the things you personally could do to help you when suffering arrives.

CONNECT IN PRAYER

Keep praying for the **Alpha Course!** We're half way through and having a great time with the 5 guests. Please keep praying for the course and for people to connect with God.

Please pray for **Lesotho**:

- **Health Clinic**: There have been various setbacks with the clinic application. The negotiations with the health board are continuing, with a view to registering it as a Medical Outreach Centre. Please pray for a way forward with this. The aim is to finish the building within the next couple of weeks.
- Please pray that **farming** will be strongly taken up within the church itself.
- Pray for new Christians to make a **clear break from the old cultural way of living**.

Rich will be giving more details on these points at the Prayer Evening on Sunday night.

CONNECT WITH CHURCH LIFE

Wealden Celebration with Dave Connolly is on **Sunday 10th March** at **7pm** at the Uckfield Civic Centre. This is a celebration evening with visiting guest speaker Dave Connolly.

The **Easter Precinct** is on **Saturday 30th March**. We will be in the precinct handing out leaflets and inviting people to our **Easter service** which is on **Sunday 31st March**. If you would like to get involved please speak to Mike or Sally for more details.

Exploring Membership Day is on **Saturday 27th April** from **9.30am - 5pm**. This is a day to help you find out more about King's Church, chat to the leaders and get to know others who are new here. The day includes lunch and refreshments. Please speak to Rich, Chris or contact the office for more details and to book a place.

Wine Tasting Evening is on **Saturday 27th April** at **7.30pm**. Tickets are now available! The evening will feature a selection of fine wines and port from Harvey's of Lewes and an opportunity to buy the wines you taste. It will include a practical session on how to taste wine with an expert from Harveys. Tickets cost £8 a ticket to include wine and cheese. Please speak to Jamie for more details.